

FORTY & FORWARD

2017 Annual Report



Letter from the Executive Director and the Board President

Dear Friends of CAWC,

The theme of this year's annual report is 40 and forward. Our theme highlights CAWC's milestone of 40 years serving adults and children who are survivors of domestic violence. This is exactly what we will continue to do as we march forward seeking to reach our goal of ending domestic violence.

As we celebrate 40 years of service, we reflect on our history of operating Chicago's first 24hour domestic violence hotline and the city's first emergency domestic violence shelter known as Greenhouse. In 40 years CAWC has expanded in ways that have allowed us to reach victims/ survivors in non-traditional ways, including services at two major Hospitals; John Stroger and Northwestern Memorial Hospitals, as well as Haymarket Substance Abuse Treatment Center. In 40 years CAWC has been a staple in the domestic violence community, with a strong reputation of being visionaries and leaders in the field. In the spirit of listening to CAWC clients we are also moving forward with them as their vast and complex needs are changing. Through careful review of the past year's outcomes we continue our commitment to move forward in meeting clients where they are with advanced custody battles, immigration issues, challenging housing issues and advanced issues of power and control through the everchanging use of technology.

This has been another challenging year for domestic violence organizations, as well as human service organizations overall; challenging due to the almost three-year Illinois budget crisis. We are able to successfully move forward in our work through the generosity of individuals like you. We cannot *thank you* enough for your phone calls, letters, legislative visits, and using your social media platforms to urge legislators to pass a fair budget to fund organizations like CAWC. When we called to ask for help, you were there! Your advocacy helped CAWC to move forward in providing uninterrupted programming to clients with no decreases in services or staff. With your help CAWC has also continued to move forward with providing much needed training and outreach to community stakeholders. We know that the one key aspect of our success for these 40 years has been our ability to impact other organizations through creating vehicles for institutional advocacy, and change to better respond to the needs of victims/survivors. 40 years have taught us that we cannot operate in a vacuum and that we must reach out to train others in their roles as entry points for many of our clients.

"We want to acknowledge our amazing staff, volunteers, board and junior board who work tirelessly to advocate for our clients in a variety of ways."

Various data points lead to what CAWC is keenly aware of; that domestic violence impacts can be generational if there is no intervention, and that it impacts families, employers, the workplace, the community, and society. CAWC's continued and proven efforts helps to break the cycle of violence through self-determined goals set by clients that lead to increased safety for themselves, their children and their communities, and to move forward with their goals and objectives.

Perhaps our biggest move forward is exploring the opportunities to move Greenhouse Shelter into a new location. With this move we look forward to creating new space for residents to thrive and feel safe as they move forward toward their goals, and we look forward to increasing the number of beds. Stay tuned for more details!

We want to acknowledge our amazing staff, volunteers, board and junior board who work tirelessly to advocate for our clients in a variety of ways, who all work together to help make for another successful year!

As you read through our annual report, we hope you will feel our excitement as we celebrate this awesome milestone, and our sincere appreciation for your support of CAWC. We rely on you for your gifts of time, talent, advocacy, in-kind donations and financial donations. We look forward to our continued partnership. It is our partnership that ultimately helps clients move forward in their quest to live lives free from violence.

Thank you and Happy 40th Anniversary!!!

With Kindest Regards,

Stephanie Love-Patterson Executive Director Kevin A. Krakora President of the Board

Our History & Mission

CAWC is committed to ending domestic violence. Using a self-help, empowerment approach, we provide counseling, advocacy, education, a 24-hour hotline for people affected by domestic violence, and an emergency shelter. We connect families to resources that offer a range of services including legal and financial.

About CAWC

In 1976, a landmark meeting was held in Chicago to address the crisis of abused women. This meeting resulted in a task force that ultimately became the Chicago Abused Women Coalition, today known as Connections for Abused Women and their Children (CAWC). We are the oldest domestic violence agency in Chicago.

Domestic Violence can affect anyone at any time—there are no economic, ethnic, gender, age, education, or geographic barriers to becoming a victim. However, CAWC serves primarily women and children from Chicago's most economically depressed neighborhoods; more than 74% of the women and children seeking help live below the federal poverty level. Most of our clients face multiple obstacles to rebuilding their lives after experiencing domestic violence including homelessness, language barriers, insufficient education, lack of legal and financial resources, drug addiction, lack of a support network, and unemployment

CAWC supports survivors of domestic violence and their children in overcoming these barriers by not only providing shelter, but also through direct services in counseling, life-skills training, and case management. CAWC also facilities healing and independence through substance abuse programs, job training programs, placement in affordable housing, and other resources that provide strength for the journey.

CAWC is a 501(c)3 designated nonprofit governed by a 24-member Board of Directors. We are an ICDVP approved supervision, training, and CEU site.

Our Impact

Last year, through our four programs — Greenhouse Shelter, the Hospital Crisis Intervention Project, the Humboldt Park Outreach Program, and Domestic Violence Services at Haymarket Center — CAWC empowered hundreds of survivors to regain control of their lives. In FY17, CAWC served 975 victims of domestic violence from the Chicago metropolitan area. Adult survivors and child witnesses accessed critical resources and support, including crisis intervention, safety planning, emergency shelter, medical and legal advocacy, individual counseling, and support groups.

All of this was made possible by our donors. With your help and our relentless work, we improved the lives of countless people in the city of Chicago.



"I came to Northwestern Memorial Hospital in crisis after fleeing my physically abusive relationship with my husband. CAWC's Hospital Crisis Intervention Project helped me find a safe place to stay until I was able to get in touch with my family. Without this program, I do not know if I would have been able to survive."

- CAWC Client



What is Domestic Violence?

Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another. It includes physical violence, sexual violence, threats, and emotional/psychological abuse. The frequency and severity of domestic violence varies dramatically.

Abuse and battering include any and all behaviors that harm and/or result in power and control over another person. These include:

- ver another **1 in 4**
 - U.S. WOMEN HAVE EXPERIENCED SEVERE PHYSICAL VIOLENCE BY AN INTIMATE PARTNER AT SOME POINT IN THEIR LIFETIME
 - Source: National Intimate Partner and Sexual Violence Survey

Domestic violence also includes threatening behaviors that limit an individual's personal power and/or create an atmosphere of fear and intimidation. Other abusive behaviors include jealousy, controlling behavior, isolation, cruelty to children, cruelty to animals, any use of force during sex, verbal abuse, or threats of aggression.

- Physical
- Emotional
- Psychological
- Sexual Abuse
- Sexual Exploitation
- Threats
- Isolation
- Coercion

Connections for Abused Women and their Children



"I feel so much safer knowing that I have options. Knowing that people here care about my well-being helps me sleep at night."

– CAWC Client



40th Anniversary Timeline



"After I left my abuser. I went from shelter to shelter trying to keep my children safe. My counselor gave me referrals for low-income housing and I have qualified. I thank her very much for listening to me and bringing me to the support group." — CAWC Client





Chicago's first domestic violence shelter, Greenhouse Shelter provides crucial safe refuge and support for women and their children who take those first brave steps to ending their abuse. Greenhouse Shelter is one of the largest shelters in the city of Chicago. Open 24-hours a day, 365 days a year, the shelter operates at full capacity year round. Along with safe refuge, the shelter operates CAWC's 24-Hour Domestic Violence Hotline,

352 PEOPLE PROVIDED WITH SHELTER

and provides safety planning; court advocacy; individual and group counseling for women and children; life skills development and referrals.

In Fiscal year 2017, 62% of adult clients moved to permanent housing after departing from Greenhouse and 30% obtained employment while still residing at the shelter.

As a result of receiving domestic violence services, support and assistance while residing at Greenhouse Shelter, 98% of women reported learning more about safety planning skills to keep themselves safe during future incidents of violence.

Clients Served: 352 (181 adults and 171 children)

Domestic Violence Services at Haymarket

Haymarket Center is one of the largest alcohol and drug treatment programs in the country. CAWC provides domestic violence education and core domestic violence services to patients of Haymarket Center. CAWC also conducts domestic violence trainings with all Haymarket staff to ensure the ability to meet all residents' psychosocial and rehabilitative needs.

136

CLIENTS PROVIDED WITH COUNSELING & EDUCATIONAL PROGRAM SERVICES

Client survey:

- 97.95% of Haymarket clients reported an increase in knowledge of domestic violence dynamics.
- 80.88% of Haymarket clients reported being able to name at least three safety strategies; this was a 59% increase in knowledge from pre- to post-test

Clients Served: 136



Hospital Crisis Intervention Project (HCIP)

The Hospital Crisis Intervention Project (HCIP) is housed at John Stroger Hospital and Northwestern Memorial Hospital, and is one of the first hospital-based domestic violence intervention programs in the USA. HCIP provides quality direct services to female and male victims of domestic violence at the critical time in which they seek health care.

1,992 HEALTHCARE PROVIDERS AND COMMUNITY MEMBERS

REACHED THROUGH TRAINING

Services are provided at bedside or in follow up after a medical visit.

HCIP also provides training of hospital personnel in helping them to identify potential victims of domestic violence, and how to respond to victims' needs.

In fiscal year 2017, HCIP staff reached 1,992 healthcare providers and community members through professional training and public education events. In addition, 174 patients were provided with crisis intervention, individual counseling, and advocacy services.

Clients Served: 174

Outreach, Education, and Volunteer Involvement

In addition to providing ongoing professional development opportunities for staff, we continuously coordinate a variety of external outreach efforts to raise awareness about the prevalence and impact of domestic violence. CAWC is committed to providing education for professional in order to increase appropriate responses to domestic violence survivors in the community. CAWC staff provided multiple educational and training opportunities for community members in the form of formal trainings, public education presentations, and community outreach/awareness events.

In 2017 our staff:

- Conducted 40-hour domestic violence training for **30** participants, including new CAWC volunteers.
- Provided 3,140 service hours to clients through the CAWC Volunteer Program
- Reached over **4,800** professionals and community members through formal trainings, public education presentation, and community awareness/outreach events.



Humboldt Park Outreach Program (HPOP)

The Humboldt Park Outreach Program (HPOP) provides a full range of bilingual and bicultural core domestic violence services to women and their children on a walk-in or appointment basis. HPOP is for those victims of domestic violence who either have left shelter and begun independent living or have not yet made the decision to leave their abuser. Services include crisis intervention, counseling, safety planning,

347 PARTICIPANTS SERVED AT

HPOP IN FY2017

legal advocacy and information on other available resources. HPOP also offers enhanced children's services that include assessment, individualized treatment plans, individual and family therapy, education about violence and abuse, as well as self-esteem building exercises to strengthen a child's coping skills.

Clients Served: 347 (301 adults and 46 children)

Children's Services

Domestic violence has a significant impact on children who are witness to abuse in their homes. Not only does this abuse threaten the child's person safety, the experience of witnessing domestic violence has a impact on their ability to learn, to establish healthy relationships, and to deal with stress.



- 100% of children were able to identify safety strategies for themselves after working with HPOP counselors.
- 95% of mothers reported an increase in knowledge about the impact domestic violence has on their children.
- 97% of children at Greenhouse shelter reduced the negative impact of domestic violence in their lives. Improvements in the children's emotional, physical, and cognitive areas were measured through parents' self-reporting, assessments, staff observations, and service plans.

Financial Report

CAWC is a financially stable nonprofit organization, thanks to the generosity of our donors, a diversified funding base and diligent efforts to keep overhead costs low. CAWC maintains a six-month cash reserve. Our \$1 million endowment provides additional income and liquidity. In FY2017, 83% of CAWC's expenses were for programs to serve survivors of domestic violence.

2017 Revenue: \$1,911,842



Financial stability is importation to us so we maintain cash reserves equal to six months of operating expenses.

2017 Expenses: \$1,833,855



We keep our expenses low; 83% of every dollar we spend goes to program services.

2017 Statement of Financial Position as of June 30, 2017

		Unrestricted	d Te	mporarily Res	tricted	FY17
ASSETS						
Current Assets:						
Cash & cash equivalents	\$	945,850	\$	446,886	\$	1,392,736
Investments		956,699		17,704		974,403
Grant & contract receivable		437,869				437,869
Prepaid & deposits		56,346				56,346
Fixed Assets*	\$	2,396,764	\$	464,590	\$	2,878,496
Total Assets		17,142				17,142
	\$	2,413,906	\$	464,590	\$	2,878,496
LIABILITIES AND NET ASSETS						
Current Liabilities:						
Accounts payable	\$	7,929			\$	7,929
Accrued expenses		23,477				23,477
Deferred revenue		0				0
Total Current Liabilities	\$	77,944	\$	0	\$	31,406
	-					
Net Total Assets	\$	2,382,500	\$	464,590	\$	2,847,090
Total Liabilities and Net Assets	\$	2,413,906	\$	464,590	\$	2,878,496



Letter from Sarah Krauszer, CAWC Board

like to tell people that I didn't find CAWC, CAWC actually found me. I was introduced to the organization in 2009 when a good friend invited me to join the newly formed Junior Board. At the time, I was a new Chicago resident, having recently moved from California a few years prior. I was still looking for unique ways to emerge myself within the broader local community. This friend's offer to join a group of young professionals committed to addressing domestic violence was a particularly meaningful one for me. Even though this friend was not aware of it at the time, my life had been touched by DV and I have witnessed the scars that emotional and financial abuse have left on important women in my life. It seemed like this was a perfect opportunity to join an organization and cause where I could make an impact, but little did I know just how much the organization would also impact me.

So, I jumped right in. I joined the Junior Board and served on it for seven years. Initially, CAWC's Junior Board simply offered me a wonderful way to put my talents behind a great cause, meet new people, connect with civic-minded Chicagoans, and learn about the organization. But you're only as strong as the people behind you. And not only were my fellow members passionate about the cause, but we also had great support from within to let us develop into the group that currently exists. Anne Borg, who has since retired, and Stephanie Love-Patterson were our champions. They fostered that group and provided encouragement every step of the way.

Due to their guidance, I knew that this was an organization where I could grow, and the Junior Board quickly played a significant role in defining my Chicago community. I spent six years on the executive committee, serving as Events Chair and President. Learning how to effectively lead and fundraise, making contacts with venues and organizations, and assisting with community awareness events have been experiences that have shaped my life. Since its inception the Junior Board has continually held great fundraising events, piloted a teen DV community outreach initiative, and always assists with CAWC's annual Sounds of Silence Gala. I'm proud to have served on this Board and I'm continually impressed by the gains the group reaches each year. Not to mention, I had a great time doing it and made some lasting relationships that I cherish.



CAWC Board Members at the 2017 Sounds of Silence Gala Photo by Tone Stockenström Photo, Inc

It is important to me to continually raise the bar of involvement, so last year I joined the Board of Directors. It's been the experience of a lifetime to be able to grow and evolve my role with the organization. I now feel an even greater responsibility to provide support and advocacy so that this organization continues to succeed. I have also become more active within my political sphere, which, I'll admit, does push me out of my comfort zone at times. But as they say, if you're uncomfortable it means you're growing – and the organization has continued to make an impact on me.

One of the powerful experiences that I would have never had without CAWC was to take the 40hour training course (for those not familiar, this course is required for domestic violence advocates who work with clients). It is not a requirement for membership on either the Junior Board or Board of Directors, but I felt that in order to be the best ally I could be, I wanted to take that next step to further my education about the communities that we serve. After six years with the organization, I felt like I had a relatively good base of knowledge. Hah! Little did I know that what I knew was only the tip of the iceberg. The curriculum allowed me to go deeper into the challenges of domestic violence and has reshaped the way I think about it today. I would highly encourage anyone who is interested in the course to sign up. While it can be uncomfortable to learn about communities that are different from your own personal experiences, it also creates powerful empathy and understanding. Because in the end, that is how we heal and unite together.

The goal will always be to eradicate domestic violence from our society so there won't be a need for organizations like CAWC. I sincerely hope that day is coming soon, but for now the hope the organization provides to people is inspiring. The services offered are truly live saving. And for me personally, the biggest measure of success comes when we are able to hear from survivors themselves.

Sarah Krasuszer, Advocate CAWC Board Member



Individuals

Hugh & Lisa Abrams Peter & Linda Arts Lauren Baker Mary & James Bell James Berry David Blasi Jeanne Brett **Cindy Brown Renee Bruning** Alice Brunner Lisa Carlin **Catherine Carraway** Michael Carter & Nazneen Saleem **Renee Cohen** Bryna Dahlin Latisa Dewitt Katharine Dickson Alfred Dinwiddie Ada Dolph Adonica Dunn-Suds Loren Egeland Kristina & Tom Ehrhart Jennifer & Jeffrey Gilbert Sophia & Charles Love Jeff Goldman Shelley & Ron Goldman Kate & David Gosse Vidya Govind Karen Griffin

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Government and United Way **Department of Family** and Support Services -City of Chicago U.S. Department of Housing and Urban Development (HUD) **Emergency Food &** Shelter Program - U.S. Department of Homeland Security Illinois Attorney General Illinois Coalition Against **Domestic Violence** Illinois Department of Human Services United Way of Metropolitan Chicago

Community Groups, Foundations, and Corporations Advocate Bethany Fund Allstate Foundation Allstate Insurance Company

Alphawood Foundation American Postal Workers Union Barbara Ann Steel **Charitable Foundation** Balyasny Asset Management Brinks Gilson & Lione Chicago Bears Football Club, Inc Chicago Community Trust Chicago Foundation for Women Chicago Outfit Roller Derby ComEd - Exelon Crown Family Philanthropies Deloitte **Discovery Clothing** Company DLA Piper US LLP Equity Residential **Properties Trust** Evergreen Invitational/

Northwestern Memorial Foundation Faces for Love Foundation **Foley Family Foundation** Harris Winnick Harris iConnect **Irving Harris Foundation** Jellyvision **Kenilworth Union** Church **KPMG** Live What You Love LLC Magnus Charitable Trust Mary Lou Downs Foundation **Michael Reese Health** Trust Nathan LaPorte & Leah Handel Charitable Fund National Football League National Network to End William J. Gasser Family Domestic Violence Nordstrom

North Shore Exchange, NFP One Way or a Mother Peterson Technology Partners PrivateBank ReedSmith Schmitt's Truck Repair, Inc Sevfarth Shaw Sheehan Family Foundation Shure Incorporated Shook, Hardy & Bacon Sidley Austin Siragusa Foundation St. Giles Family Mass Community **TJX** Foundation United Healthcare W.P. & H.B. White Foundation Wells Fargo Foundation Foundation Xamin. Inc



Due to space limitations, we are only able to list those who gave financial gifts directly to CAWC at the \$500 level and above. This list does not include 1) donors under that amount, 2) United Way supporters, 3) those who purchased tickets and auction items at our Sounds of Silence Gala, 4) Holiday Adopt-a-Family donors, or 5) individuals, companies, and groups who collected items on our Wish List. Your support is also truly appreciated. CAWC makes every attempt to list every donor accurately. We apologize for any errors or omissions and ask that you contact us with corrections.

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orida Brittany Yelnick

"Greenhouse saved my life. I am extremely thankful and appreciative for the assistance I received from staff." — CAWC Client



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