

Women and their Children Rebuilding Lives, Renewing Hope.

ANNUAL REPORT 2018

Connections for Abused Women and their Children (CAWC) is committed to ending domestic violence. Using a self-help, empowerment approach, we provide a shelter for adults and children, counseling, advocacy, and a 24-hour hotline for people affected by domestic violence. We work for social change through education, service collaboration, and institutional advocacy.

About CAWC

In 1976, a landmark meeting was held in Chicago to address the crisis of abused women. This meeting resulted in a task force that ultimately became the Chicago Abused Women Coalition, today known as Connections for Abused Women and their Children (CAWC). We are the oldest domestic violence agency in Chicago.

Domestic Violence can affect anyone at any time—there are no economic, ethnic, gender, age, education, or geographic barriers to becoming a victim. However, CAWC serves primarily women and children from Chicago's most economically depressed neighborhoods; more than 74% of the adults and children seeking help live below the federal poverty level. Most of our clients face multiple obstacles to rebuilding their lives after experiencing domestic violence including homelessness, language barriers, insufficient education, lack of legal and financial resources, drug addiction, lack of a support network, and unemployment

CAWC supports survivors of domestic violence and their children in overcoming these barriers by not only providing shelter, but also through direct services in counseling, life-skills training, and case management. CAWC also facilitates healing and independence through substance abuse programs, job training programs, placement in affordable housing, and other resources that provide strength for the journey.

CAWC is a 501(c)3 designated nonprofit governed by a 23-member Board of Directors. We are an ICDVP approved supervision, training, and CEU site.

In FY18...



Adult clients received lifesaving services from a trained counselor



222

Children received individual or group counseling, and other supportive services



13,221

Nights of safe refuge provided at Greenhouse Shelter



Greetings Friends of CAWC,

For over 40 years CAWC has been at the forefront of domestic violence services in Chicago. We do not take for granted that for more than four decades victims and survivors of domestic violence have entrusted their stories, challenges and successful journeys to CAWC. We are



honored to meet the needs of individuals who deservedly want a life free from violence. We know that the success of CAWC is largely due to various individual and community partnerships formed throughout the years. You are those partnerships and you are critical to the daily services we provide.

Our organization was built on the shoulders of strong, determined women who sat at a kitchen table and said *No More* to nonexistent legislation to protect victims and survivors, no safe places to go, and a belief that domestic violence wasn't a priority. When we look back at our history we realize how fortunate we are that those dynamic women answered the call to action by opening Chicago's first 24-hour domestic violence hotline and the city's first emergency domestic violence shelter known as Greenhouse. Followed by services at John Stroger and Northwestern Memorial Hospitals, the Humboldt Park Outreach Program, services at Haymarket Substance Abuse Treatment Center and a growing legal advocacy team.

Please join us as CAWC celebrates another successful year. In this year's Annual Report you will see the results of our skilled and compassionate team. Your gifts of time, talent, and advocacy, in-kind and financial donations help us to empower adults and children and give them hope.

Thank you for being on this journey with us.

With Kind Regards,

Stephanie Love-Patterson Executive Director Sophia Love President of the Board

OUTREACH, EDUCATION & VOLUNTEER INVOLVEMENT



In addition to providing ongoing professional development opportunities for staff, we continuously coordinate a variety of external outreach efforts to raise awareness about the prevalence and impact of domestic violence. CAWC is committed to providing education for professionals in order to increase appropriate responses to domestic violence survivors in the community. CAWC staff provided multiple educational and training opportunities for community members in the form of formal trainings, public education presentations, and community outreach/awareness events.

In 2018, CAWC:

- Conducted 40-hour domestic violence training for **30** participants, including new CAWC volunteers
- Provided 3,601 service hours to clients through the CAWC Volunteer Program
- Reached over **5,991** professionals and community members through formal trainings, public education presentations, and community awareness/outreach events

"To begin, it has been an honor to be a volunteer for such an inclusive organization. It is indeed a wish of many, of how the world could be. In addition, to the various life enriching domestic violence programs that CAWC offers, there is a type of simplicity of service, in dealing with many complex issues. This humility, I have been told by several clients; makes one feel comfortable and is one of my reasons, as well. As a prior intern and now a returning volunteer, it is my hope to assist in the mission to end Domestic Violence; one challenge at a time. Every hour, we are allowed to share toward this mission, is a monument to all the souls affected by senseless violence. Our continuance to inspire each other towards these goals are what make the connections, so unique and without a doubt makes CAWC, one of the most valuable resources in our community."

- CAWC Volunteer

ASHA'S STORY

Asha was a patient referred to CAWC from the Stroger Hospital Trauma department. She came in to the hospital with serious injuries due to her abuser ambushing her at home in the dark. Asha was in the hospital for several days; her injuries were so severe that she was unable to leave the bed, so her CAWC Counselor/Advocate met with her at her hospital bedside. While Asha was still in the hospital, her abuser was arrested, and the criminal process began. Her CAWC Counselor/Advocate worked with the Chicago Police Department detectives to get Asha more information about her case, and Asha was signed up for the Illinois Automated Victim Notification (AVN) system.



Asha began meeting with her CAWC counselor regularly after discharge, and she began processing some of the initial trauma of her attack. Asha and her counselor worked to develop a comprehensive safety plan and discussed ways to help her and her young child feel safe in their home. They discussed other options for moving forward, including applying for crime victim compensation.

As court proceedings began, Asha continued to work with her counselor. Asha and her counselor met before and after her court date to prepare for seeing the abuser and to process her feelings about the case. She felt a lot of frustration with how slowly the case was moving, but she felt some relief in being able to process those feelings with her counselor. Over time, things started to stabilize for Asha. She moved into a new apartment with her daughter and as her physical injuries healed, she was cleared to return to work.

Asha and her daughter continue to receive therapy due to the trauma that they experienced, but they are both in the process of healing. Asha told her counselor that she appreciated having people from CAWC there to look out for her and her family and that she finally feels safe again.

1977

Chicago Abused Women Coalition (CAWC) incorporates and begins operation in Chicago

1978

National Coalition Against Domestic Violence (NCADV) started

1987

Start of Domestic Violence Awareness month

What is Domestic Violence?

Domestic violence is the willful intimidation, physical assault, battery, sexual assault, and/or other abusive behavior as part of a systematic pattern of power and control perpetrated by one intimate partner against another. It includes physical violence, sexual violence, threats, and emotional/psychological abuse.

Abuse and battering include any and all behaviors that harm and/or result in power and control over another person. These include:

- Physical Abuse
- Emotional Abuse
- Psychological Abuse
- Sexual Abuse
- Birth Control Sabotage
- Sexual Exploitation
- Financial Abuse
- Isolation
- Digital Abuse
- Threats & Coercion



U.S. Women have experienced severe physical violence by an intimate partner at some point in their lifetime 1 in 7

U.S. Men have experienced severe physical violence by an intimate partner at some point in their lifetime

Source: National Intimate Partner and Sexual Violence Survey

Defense Task Force on Domestic Violence established

2000

First White House advisor on violence against women appointed

2009

CDC launches National Intimate Partner & Sexual Violence Study



Violence Against Women Act (VAWA) passed by Congress

1995

Office on Violence Against Women (OVW) created

1998

National Center of Domestic and Sexual Violence created

Impact of Domestic Violence on Children

Child witnesses of domestic violence may experience significant and often long-lasting effects. Witnessing domestic violence is also a risk factor for transmitting violence from one generation to the next.

Children's immediate reactions to witnessing domestic violence may include:

- Generalized anxiety
- Sleeplessness & nightmares
- Difficulty concentrating
- High activity levels
- Increased aggression
- Increased anxiety about being separated from a parent
- Intense worry about their safety

Children's long-term effects from chronic exposure to domestic violence could include:

- Physical health problems
- Behavioral problems in adolescence
- Emotional difficulties in adulthood

One way to lessen the impact of childhood exposure to domestic violence is by having access to adult caregivers and counselors who can provide guidance and support.

Source: National Child Traumatic Stress Network





GREENHOUSE SHELTER

Chicago's first domestic violence shelter, Greenhouse Shelter provides crucial safe refuge and support for adult survivors and their children who take those first brave steps to ending their abuse. With 42 beds, Greenhouse Shelter is one of the largest shelters in the city of Chicago. Open 24-hours a day, 365 days a year, the shelter operates at full capacity year round.

347 PEOPLE PROVIDED WITH SHELTER

Along with safe refuge, the shelter operates CAWC's 24-Hour Domestic Violence Hotline, and provides safety planning; court advocacy; individual and group counseling for adults and children; life skills development and referrals.

As a result of receiving domestic violence services, support and assistance while residing at Greenhouse Shelter, 98% of residents reported learning more about safety planning skills to keep themselves safe during future incidents of violence.

Clients Served: 347 (173 adults and 174 children)

HAYMARKET CENTER

CAWC provides domestic violence education and core domestic violence services to patients of Haymarket Center, one of the largest alcohol and drug treatment programs in the country. CAWC also conducts domestic violence trainings with Haymarket staff to ensure the ability to meet all residents' psychosocial and rehabilitative needs.

158

CLIENTS PROVIDED WITH COUNSELING & EDUCATIONAL PROGRAM SERVICES

Client survey:

- 97.4% of Haymarket clients reported an increase in knowledge of domestic violence dynamics.
- 95.65% of Haymarket clients reported feeling more hopeful about the future.

Clients Served: 158

"I wish I had known these services existed before, especially at Stroger. I feel so much better after talking to you and knowing that I have someone supporting me."

CAWC Client

1,746

HEALTHCARE PROVIDERS AND

COMMUNITY MEMBERS REACHED THROUGH TRAINING

HOSPITAL CRISIS INTERVENTION PROJECT

The Hospital Crisis Intervention Project (HCIP) is housed at John Stroger Hospital and Northwestern Memorial Hospital, and is one of the first hospital-based domestic violence intervention programs in the USA. HCIP provides quality direct services to female and male victims of domestic violence at the critical time in which they seek health care.

Services are provided at bedside or in follow-up after a medical visit. HCIP also provides training of hospital personnel in helping them to identify potential victims of domestic violence, and how to respond to victims' needs.

In fiscal year 2018, HCIP staff reached 1,746 healthcare providers and community members through professional training and public education events. In addition, 142 patients were provided with crisis intervention, individual counseling, and advocacy services.

Clients Served: 142

HUMBOLDT PARK OUTREACH PROGRAM

The Humboldt Park Outreach Program (HPOP) provides a full range of bilingual and bicultural core domestic violence services to adult survivors and their children on a walk-in or appointment basis. HPOP is for those victims of domestic violence who either have left shelter and begun independent living or have not yet made the decision to leave their abuser. Services include crisis intervention, counseling, safety planning,

legal advocacy and other available resources. HPOP also offers enhanced children's services that include assessment, individualized treatment plans, individual and family therapy, education about violence and abuse, as well as self-esteem building exercises to strengthen a child's coping skills.

Clients Served: 395 (347 adults and 48 children)

395

PARTICIPANTS SERVED AT

HPOP IN FY2018

Domestic violence has a significant impact on children who are witness to abuse in their homes. Not only does this abuse threaten the child's personal safety, the experience of witnessing domestic violence has a impact on their ability to learn, to establish healthy relationships, and to deal with stress.



Artwork by an HPOP Children's Group Member

Client survey:

- 100% of children were able to identify safe strategies for themselves after working with HPOP counselors.
- 95% of parents reported an increase in knowledge about the impact domestic violence has on their children.
- 93% of children at Greenhouse Shelter reduced the negative impact of domestic violence in their lives. Improvements in the children's emotional, physical, and cognitive areas were measured through parents' self-reporting, assessments, staff observations, and service plans.

2222 CHILDREN RECEIVED SHELTER, THERAPY, AND/OR GROUP SERVICES IN FY2018



Halloween party and activities

FINANCIAL REPORT

CAWC is a financially stable nonprofit organization, thanks to the generosity of our donors, a diversified funding base, and diligent efforts to keep overhead costs low. CAWC maintains a six-month cash reserve. Our \$1 million endowment provides additional income and liquidity. In FY2018, 81% of CAWC's expenses were for programs to serve survivors of domestic violence.

2018 Revenue: \$2,169,617



and Contracts (42%)

- Special Events (11%)
- United Way of Chicago (2%)
- Other Revenue (7%)

Financial stability is important to us so we maintain cash reserves equal to six months of operating expenses.

2018 Expenses: \$1,870,506



We keep our expenses low; 81% of every dollar we spend goes to program services.

2018 Statement of Financial Position as of June 30, 2018

	Unrestricted	Те	mporarily Rest	ricted	FY18	
ASSETS						
Current Assets:						
Cash & cash equivalents	\$ 1,440,041	\$	490,862	\$	1,930,903	
Investments	973,651		19,618		993,269	
Unconditional promise to give	8,077					
Grant & contract receivable	112,857				112,857	
Prepaid & deposits	 70,391				70,391	
Total Current Assets	\$ 2,605,017	\$	510,480	\$	3,115,497	
Fixed Assets	 14,766				14,766	
Total Assets	\$ 2,619,783	\$	510,480	\$	3,130,263	
LIABILITIES AND NET ASSETS						
Current Liabilities:						
Accounts payable	\$ 5,740			\$	5,740	
Accrued expenses	28,422				28,422	
Deferred revenue	0				0	
Total Current Liabilities	\$ 34,162	\$	0	\$	34,162	
Net Total Assets	\$ 2,585,621	\$	510,480	\$	3,096,101	
Total Liabilities and Net Assets	\$ 2,619,783	\$	510,480	\$	3,130,263	

A WORD FROM THE CAWC BOARD

For the eleven years I have been a member of CAWC's Board of Directors, I have attended the holiday party held for the women and children who are staying at CAWC's Greenhouse Shelter. It is a joyous occasion – El Jardin Restaurant in Lakeview provides a delicious dinner. After dinner, a magician performs a string of tricks and corny jokes that always has the kids laughing and clapping.

The magic this annual party brings for me isn't the man at the front of the room doing card tricks, or the spirit of the holidays. The magic is the joy of watching a mom beaming as her six-year old daughter boldly volunteers to be the magician's assistant. Or another mom grinning as her shy eight-year old son's eyes go wide with wonder when the red handkerchief the magician tucked into his tightly clenched fingers is revealed to be blue when her son opens his hand. Moms looking on smiling as their children giggle happily, having fun and just being kids.

These moments of joy are the product of the courage it takes for a woman to leave, sometimes only with the clothes on their backs and the hope that she can make their lives safe again. They are the product of caring and kind words of the CAWC counselor who answered the 24-hour hotline and offered a place to sleep at Greenhouse, of the welcoming smile of the CAWC counselor who showed the family into the shelter, of the gentle words of the CAWC family trauma therapist who helped the children process their confusion and overcome their fear. They are the product of days and weeks of caring and counseling offered by all of the CAWC counselors, staff and volunteers who help the moms and children to find the strength to start anew.

And of course these moment of joy would not be possible without the support of those who give so that CAWC can be there when the call comes in from a family in crisis. In the many years I have been a CAWC Board member, I have had the privilege to meet many of the donors who support CAWC – individuals who open their wallets and their hearts, many with their own heart-wrenching story of how domestic violence has touched their lives and the lives of their families and friends. And corporations and foundations who have fiercely taken up the cause of ending domestic violence, many of whom have donated to CAWC year after year, in good economic times and bad.

I frankly stand in awe of the generosity of our donors, of the courage of the families who are trying to break the cycle of violence, and of the caring and counseling of the staff and volunteers at CAWC who work to bring healing so that these families can move to lives free of fear and safe from violence. I am proud that my participation with CAWC's Board allows me to be part of this important mission of ending domestic violence. And this December, I will again find myself at the Greenhouse holiday party. Because witnessing the joy of the moms watching their kids happy and safe will inspire me to work harder for CAWC and its important mission.

Margaret Jones CAWC Board of Directors

Board of Directors

CAWC's Board of Directors is composed of individuals expressing an interest in and willing to provide active service to CAWC and to participate in making decisions. They come from the private and public sectors, and have skills and resources important to the organization. CAWC's Board provides leadership, direction, and financial support to the agency.

CAWC strives to maintain diversity on its board in racial/ethnic composition, skills, and other characteristics.



Board members at 2018 Gala Photo by Tone Stockenström Photo, Inc

CAWC thanks each Board member for your many contributions to the agency and for all that you do to support victims of domestic violence. Thank you for your leadership and partnership to support the agency's mission.

The Associate Board

CAWC's Associate Board is a leadership group of young professionals who leverage their skills, networks, and resources to help build the organization's capacity. Like the Board of Directors, the Associate Board meets regularly and there are financial and participatory expectations for members.

As CAWC ambassadors. Associate Board members volunteer, fundraise, and build awareness about CAWC and domestic violence. Each member holds a deep passion for CAWC's mission.

With gratitude, we thank the CAWC Associate Board for all that they do on behalf of domestic violence survivors and their children. We couldn't do our work with out them.



Associate Board members at 2018 Gala Photo by Tone Stockenström Photo, Inc

Individuals

Hugh & Lisa Abrams Brent Harders Jonathan Anderson Linda Haynes **Kimberly Bacher Hugh Holmes** Nathan Barrett Priscilla Hughes Joseph Jinmoon James Jacobs Bernstein Margaret Jones & Mike David & Susan Blasi Ferro Martha & Marti Mary Jones Bongiorno Antoinette Kavanaugh Jeanne Brett Wesley Ketcham Cynthia Brown John Kett Amanda & David Butts Gwyn Koepke Melisa Byrd Kevin & Joanne Krakora Edward & Shirley Calahan Sarah & Adam Krauszer Cory & Joseph Cancila Nancy Kresek Catherine & William Sallie Krewer Carraway Joe LaManna Michael Carter & Michelle Bernardi Landis Danielle Pernini Nazneem Saleem & John Landis Rendhir Chandran Peter & Dawn Lantero Caitlin Corbett Felicia LaRose **Clint Crosier** Norman & Lori Leon James Czarnecki Stephanie Love-Patterson Mary Ann Pusateri Brad Dalrymple & Reginald Patterson **Rick Davison** Andrew & Janet Lubetkin Alfred Dinwiddie Lynette Lupia Ada Dolph Geeta Malhotra & Zack Asima Doriwala Christensen Kristina Ehrhart Daniel Maloney & Richard Endress **Carmel Gaughan** Sherwood Jeffrey & Jennifer Gilbert Larry & Barbary Margolis Christiane Rodes Ron & Shelly Goldman Rocco & Roxanne Kate & Dave Gosse Martino Jessica Graeser Lisa Mazzullo

Stephanie Hair

Maureen McGovern **Gregory McKee** Tacoma McKnight Jackie McLaughlin Brendan & Julie McMahon Lauren Meadows Keith & Robynn Medansky Julie Mehta Laura Miller **Ray Nealon** Patience Nelson Pam & James Nugent Michael & Claire O'Grady Jerry Spetseris Thomas & Susan Pabst **Reginald Patterson & Brad Dalrymple Robert & Camille** Pernini Cordelia Pottinger-Walters & Gary Walters Cathy & Ronald Raspberry Dana & Jake Rau Brian Rebel Virgil Reid & Ryan David Reisinger Nicholas Rosales **Burton & Sheila** Rosenberg

Cordelia Ryan & John Emel Leanne Sardiga Sharon Schmitt Jana & Eric Schreuder David Schulz Joseph Sfara Shea Shumpert Turner Erin Sines **Diljeet Singh** Ron Sipiora & Gretchen Bodum Alexandra Smith Suneeta Sohoni Frederick Stanton Bobby Stapleton Bart Steenbergen Matthew Steinmetz **Rick Tauber** Pauline Taylor Sophia Taylor Love & Charles Love Stephen & Joyce Thurston Meg Tierney Meridel Trimble & Wesley Ketcham Melissa Washington William Weltman Taylor Wolfe Danielle Young **Barbary Younkes** Carol Zatorski Gladys & Stan Zolna

From the bottom of our hearts, thank you for your partnership with CAWC. Your gifts of time, talent, and treasure allow us to provide programs and services at no charge to domestic violence victims and their children. Please know how much your contributions make a difference in their lives. You are a big part of our ongoing work to raise awareness about domestic violence and about CAWC. Through your efforts, you are giving victims and their children hope when it is most needed. You show your commitment to our mission and demonstrate a dedication to put an end domestic violence. Thank you again for all that you do to help CAWC help those who need us the most.



Government and United Wav **Department of Family** and Support Services— **City of Chicago** U.S. Department of Housing & Urban Development (HUD) **Emergency Food &** Shelter Program—U.S. Department of Homeland Security Illinois Attorney General Illinois Coalition Against **Domestic Violence** Illinois Department of Human Services United Way of Metropolitan Chicago

Community Groups, Foundations, and Corporations Advocate Bethany Fund Allstate Insurance Agency Harris Winnick Harris Solutions, ABI and ABO **Balyasny Asset** Management LLC Be Alright **Blowitz-Ridgeway** Foundation

Blue Waters Foundation Brinks Gilson & Lione Chicago Community Trust Mary Lou Downs Chicago Foundation for Women Chicago Tribune Charities, Menasha Corporation A McCormick Foundation Fund CIBC Bank USA Commonwealth Edison Company The Crown Family **Discovery Clothing** Company **DLA Piper US LLP Ecolab Foundation** Equity Residential **Properties Trust** Exxon Mobile First Choice Logistics, Inc. North Shore Exchange **Greer Foundation** GTCR LLC iConnect Illinois Truck Centre Inc. Irving Harris Foundation Jellyvision Lab, Inc. John R. Houlsby Foundation Fund

Blue Rose Shoe Corp

Kreiling Family Foundation Foundation McDonald Hopkins LLC Foundation Michael Reese Health Trust Mrtek Fund - Schwab **Charitable Fund** Nathan LaPorte & Leah Handel Charitable Fund St. Giles Family Mass National Network to End **Domestic Violence** New Covenant Missionary Baptist Church Nordstrom Corp Northern Trust Northwestern Memorial Wells Fargo Foundation Hospital One Way or a Mother OneDigital Payline Data Services LLC Winnetka Congregational Peoples Gas and North Shore Gas Community

Kenilworth Union Church Polk Bros. Foundation **Reed Smith LLP Revolution Beer LLC** The Community Foundation Sevfarth Shaw, LLP Shook, Hardy & Bacon LLP Shure Incorporated Sidley Austin LLP The Siragusa Family Foundation Societa Beato Giovanni Community Storm Dance Alliance TOMS **Tottenham Hotspur** Chicago **VNA** Foundation W.P. & H.B. White Foundation William J. Gasser Family Foundation Williams Capital Group LP Church

Due to space limitations, we are only able to list those who gave financial gifts directly to CAWC at the \$500 level and above. This list does not include 1) donors under that amount, 2) United Way supporters, 3) those who purchased tickets and auction items at our Sounds of Silence Gala, 4) Holiday Adopt-a-Family donors, or 5) individuals, companies, and groups who collected items on our Wish List. Your support is also truly appreciated. CAWC makes every attempt to list every donor accurately. We apologize for any errors or omissions and ask that you contact us with corrections.

Leadership

Executive Staff

Stephanie Love-Patterson, Executive Director Kesha S. Marie Larkins, Associate Director Alexa Markoff, Development Director Beatris Burgos, Shelter Director

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Ada W. Dolph, Partner Seyfarth Shaw LLP, Board Vice President

Cynthia Brown, Consulting Actuary, Willis Tower Watson Board Treasurer

Christina Holloway, President & CEO, CMH Business Corporation, Board Secretary

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- Leslie Friebert, Vice President, Business Strategy, Jo Chicago

Jeffrey Gilbert, Vice President of Sales & Business Development, Bamtech Media

Cicely Glanton, District Account Executive, Renaissance

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Stephanie Hair, LCSW II - Family Birth Center, University of Chicago Medical Center

Margaret Jones, Senior Vice President and Associate General Counsel, Hyatt Hotel Corporation

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Jim Ray, Advocate

David Schulz, Director Technology, Etyon

Aicha Sharif, COO and Co-Founder, EEG, LLC Meridel Trimble, Director of Operations, One Million Degrees

Gladys Zolna, Member, McDonald Hopkins LLC

Associate Board Leadership Kristina Ehrhart, President Danielle Young, Vice President Danielle Pernini, Events Co-Chair Sarah Nemecek, Events Co-Chair Tanvi Mago, Outreach Chair Lauren Nepomuceno, Communications Chair Riki Allen, Membership

"I just wanted to let you know that I'm safe and I've been accepted into shelter. Thanks for working with me and for not giving up until you found a safe place for me!"

- CAWC Client



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